

Shenandoah Oncology Patient Return to Clinic Guidelines

Scenario	Patient Actions and Return to Clinic*	Notes
<p style="text-align: center;">Tested Positive for COVID-19</p>	<ul style="list-style-type: none"> • Self-quarantine at home • If you are up to date** with your vaccinations, you may return to the clinic after: <ul style="list-style-type: none"> ○ At least 10 days have passed since your symptoms first appeared, and ○ 24 hours have passed since your last fever without the use of fever-reducing medications (ie. Acetaminophen), and ○ Symptoms have improved • If you are not up to date, quarantine from the clinic is 14 days; considering resolution/improvement of symptoms as stated above • If you have been tested, please do <i>not</i> return to clinic while results of the COVID-19 test are pending 	<ol style="list-style-type: none"> 1. Shenandoah Oncology does <i>not</i> recognize negative home COVID-19 results for patients with symptoms 2. Shenandoah Oncology does <i>not</i> require proof of negative test after testing positive if the patient has met all return to clinic criteria
<p style="text-align: center;">Symptoms Present <i>without</i> Confirmed Infection</p> <p>Symptoms may include fatigue, fevers, chills, cough, shortness of breath, difficulty breathing, runny nose, shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, nausea, vomiting, or diarrhea</p>	<ul style="list-style-type: none"> • If you have not been tested, please call your Primary Care Provider (PCP) to arrange for testing at a location of their choice • If you have a scheduled appointment at Shenandoah Oncology and you have symptoms of COVID-19 within the past 14 days, do not come for your appointment. Please call 540-662-1108 and press ext. 1 to speak with the triage nurse 	<ol style="list-style-type: none"> 3. All patients with COVID-19 infection should contact their Primary Care Provider (PCP) to see if you are a candidate for Monoclonal Antibody infusion or other treatment(s)
<p style="text-align: center;">High Risk Exposure <i>without</i> Symptoms</p> <p>High risk exposures may include those who live in the same household as someone who tested positive for COVID-19 or those with prolonged exposure to someone with COVID-19 without the use of proper personal protective equipment (ie. properly fitting mask)</p>	<ul style="list-style-type: none"> • Patients with exposure that are up to date with their vaccinations do <i>not</i> need to quarantine unless symptoms develop • Exposure does <i>not</i> require testing if asymptomatic and patients may enter the clinic with a mask • Unvaccinated patients, or those who are not up to date, should quarantine and not return to the office for a period of 14 days 	<ol style="list-style-type: none"> 4. If you develop severe symptoms of COVID-19, such as trouble breathing, persistent pain or pressure in the chest, confusion, inability to eat or drink), you should immediately seek medical attention

*Your Care Provider will work to conduct a telemedicine appointment for all patients with documented COVID-19 infection during quarantine, pending COVID test results, or at high risk for symptomatic infection

****Up to date:** People receiving two doses of either the Pfizer or Moderna vaccine **and** a booster vaccination **or** receiving one dose of J&J vaccine **and** the booster of either the Pfizer or Moderna vaccine **or** you have recovered from a COVID infection in the prior 90 days

Guidelines are subject to change as needed and are adapted from Centers for Disease Control and can be found at:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>